

**Personal & Professional Development Pathway**

Human Relations  
Personal & Career Development  
Culinary Mentor

*This pathway provides insight to further improve the quality & value of one's life & experiences; strengthens self-awareness, self-direction, & self-efficacy as students navigate their personal & professional lives.*

**Child Development & Education Pathway**

Child Development 1  
Child Development 2  
Introduction to Teaching  
Student Teaching Experience

*This pathway enhances the development of self, children, families & others in order to positively impact current & future generations; encourages the exploration of lifespan development & how to care for & teach others.*

**Culinary & Hospitality Pathway**

Culinary ProStart 1  
Culinary ProStart 2  
Culinary ProStart 3  
International Cuisine  
Culinary Mentor

*This pathway is vital to life, health & wellness; embraces culture, builds self-sufficiency & allows us to serve ourselves & others while enhancing the quality of life.*

***Family & Consumer Sciences***

**Fashion, Apparel & Housing Design Pathway**

Fashion, Apparel and Housing Design  
Fashion Merchandising  
Fashion Design and Construction

*This pathway inspires the ability to design & construct through elements & principles of design, consumer demands & personal choice; encourages creativity and personalization towards production.*

*Capstone Course prerequisite is 1 credit of FACS courses from Fashion, Apparel and Housing Pathway.*

# FAMILY & CONSUMER SCIENCE

## CULINARY AND HOSPITALITY PATHWAY

**097010**

### **Culinary ProStart 1**

Infinite Campus Name: **CULINARY PRO START 1**

Grade(s): 09 - 12

Prerequisite: None

1/2 CTE credit each semester

ProStart provides an opportunity for the students with little or no prior foods preparation experience, but with an interest in food, to learn about culinary skills. This basic course introduces students into the world of professional cooking. Training in safety and sanitation (ServSafe), kitchen essentials including foodservice equipment and culinary techniques, the importance of communication, potatoes and grains are taught in this beginning course. Lab experiences will be provided throughout the semester in order to reinforce these skills. The ProStart® Program is a two-year industry-based program that prepares students for careers in the restaurant and foodservice industry.

**097020**

### **Culinary ProStart 2**

Infinite Campus Name: **CULINARY PRO START 2**

Grade(s): 10 - 12

Prerequisite: ProStart 1

1/2 CTE credit each semester

ProStart 2 is a course that will broaden or expand students' knowledge and skills acquired in ProStart 1. Topics include serving guests, stocks, sauces, soups, fruits, vegetables, management essentials and building a successful career. The ProStart Program is a two-year industry-based program that prepares students for careers in the restaurant and foodservice industry.

**097051/097052**

### **Culinary Pro Start 3**

Infinite Campus Name: **CULINARY PRO START 3**

Grade(s): 10 - 12

Prerequisite: Culinary Pro Start 2

1/2 CTE credit each semester

ProStart 3 is the final course of this three-course program. In this year-long course, students will learn additional skills in the preparation of potatoes and grains, desserts, and baked goods. The history of food service, the lodging industry, marketing and creating menus will be covered. In this phase, students will also learn food preparation in meats, poultry and seafood, stocks, soups and sauces. For the serious culinary student interested in a career in the restaurant industry, purchasing and inventory control and accounting practices will be introduced. Students who pass the National Restaurant Solutions' Year 1 and 2 exams, and complete 400 hours of mentored work experience can earn the ProStart National Certificate of Achievement. Many college and university restaurant, foodservice and hospitality programs offer benefits to ProStart graduates.

# FAMILY & CONSUMER SCIENCE

**097110**

## **International Cuisine**

Infinite Campus Name: **INTNL CUISN**

Grade(s): 11 - 12

Prerequisite: Junior or Senior Standing

1/2 CTE credit each semester

This course is designed to give students a better understanding and appreciation of countries and cultures of the world through the study of traditional foods and meal habits of each. Each country's history, geography, climate, religion and ethnic make-up will be studied. Food preparation skills and techniques unique to each country will be studied through kitchen laboratory experiences to help students gain an appreciation of cultural difference. Students interested in the study of cultures will benefit from this course and no prior food preparation experience is required to be successful.

**097950**

## **Culinary Mentor**

Infinite Campus Name: **CULINARY MENTOR**

Grade(s): 10 - 12

Prerequisite: ProStart 1 or International Cuisine

1/2 Electives credit each semester

Culinary Mentor will give students the opportunity to improve their skills in mentoring others as they serve as assistants for students with physical and developmental disabilities who are enrolled in Culinary Arts. Students will take on the role of "buddies" to provide leadership in a variety of culinary based activities and lab setting.

## **CHILD DEVELOPMENT AND EDUCATION PATHWAY**

**097420**

## **Child Development 1**

Infinite Campus Name: **CHILD DEV 1**

Grade(s): 09 - 12

Prerequisite: None

1/2 CTE credit each semester

This course prepares the student to work with children. The first units of study include examining families and parenting styles, prenatal development, labor, birth, and delivery. Students will also learn about a child's growth and development during the newborn, infancy, toddler and preschool stages. Students will be given the opportunity to observe and interact with preschoolers through limited laboratory experiences. The unit of prenatal development includes conception, abstinence and contraception. Careers in the child development field will be discussed throughout the semester. Three hours of dual college credit at Webster University (for juniors and seniors only) and/or 3 articulated college credits for any student through STLCC are available to Child Development 1 & 2 students who maintains an A or B average in both courses

# FAMILY & CONSUMER SCIENCE

**097430**

## **Child Development 2**

Infinite Campus Name: **CHILD DEV 2**

Grade(s): 09 - 12

Prerequisite: Child Development 1

1/2 CTE credit each semester

This second level course provides appreciation of advanced child development principles. Included in this course is the observation of children as well as the physical, mental, emotional, and social growth and development of early childhood through adolescence. Students will be able to plan developmentally appropriate activities, observe, and interact with the early childhood learning environments. The many career opportunities related to children are also studied. Three hours of dual college credit at Webster University (for juniors and seniors only) and/or 3 articulated college credits for any student through STLCC are available to Child Development 1 & 2 students who maintain an A or B average in both courses.

**097560**

## **Introduction to Teaching**

Infinite Campus Name: **INTRO TO TEACHING**

Grade(s): 10 - 12

Prerequisite: None

1/2 CTE credit each semester

In this course, you will receive a general introduction to the area of education and teaching. Course topics include: learning styles, teaching methodologies, cultural responsiveness and a focus on data-driven decision making in the schooling system. This course focuses on the general theory and practice of learning and teaching; the basic principles of educational psychology; the art of teaching; the planning and administration of educational activities; school safety and health issues; and the social foundations of education. This course is a prerequisite for the Student Teaching course where students will be observing, interacting and teaching in the classroom environment over a twelve week time period. Dual credit is available for this course through the University of Missouri-St. Louis, Maryville, and Lindenwood.

**097570**

## **Student Teaching**

Infinite Campus Name: **STUDENT TEACHING**

Grade(s): 10 - 12

Prerequisite: Introduction to Teaching

1/2 CTE credit each semester

Student Teaching is an advanced, curriculum-based, high school experience that allows the students to apply the skills learned in the previous prerequisite course, Introduction to Teaching. Participants can be placed in preschool, elementary, middle or high school classrooms, as well as in adult education training programs such as those sponsored by business and community organizations. Students are required to provide their own transportation unless the cooperating school or practicum experience is within walking distance. Dual credit is available for this course through the University of Missouri-St. Louis, Maryville, and Lindenwood.

# FAMILY & CONSUMER SCIENCE

## FASHION, APPAREL AND DESIGN PATHWAY

**097240**

### **Fashion Apparel and Housing Design**

Infinite Campus Name: **FASHION APPAREL HOUSING DESIGN**

Grade(s): 09 - 12

Prerequisite: None

1/2 CTE credit each semester

This course is designed to help individuals explore the fundamentals of fashion, apparel, and housing design. Topics included are the elements and principles of design, psychological and social roles of fashion, apparel and housing design, common fibers and fabrics in the textile industries, basic sewing techniques, exploration of architecture and floor planning, fashion design career exploration. Many projects allow opportunities for student individualization and choice. Self-initiative, motivation, time management, planning, and independent work, following directions and evaluating are crucial skills in the course where art, communication, mathematics, science, and technology are applied.

**097280**

### **Fashion Design and Construction**

Infinite Campus Name: **FASHION DESIGN & CONSTRUCTION**

Grade(s): 09 - 12

Prerequisite: Fashion, Apparel, and Housing Design

1/2 CTE credit each semester

This course allows students to further develop their creativity and sewing skills learned in Fashion, Apparel, & Housing Design. Students will specialize in Fashion Design and Construction, work with more difficult fabrics and complete advanced construction techniques. Many projects allow opportunities for student individualization and choice. Self-initiative, motivation, time management, planning and independent work, following directions and evaluating are crucial skills in the course where art, communication, mathematics, science and technology are applied.

**097250**

### **Fashion Merchandising**

Infinite Campus Name: **FASHION MERC**

Grade(s): 09 - 12

Prerequisite: Fashion, Apparel and Housing Design

1/2 CTE credit each semester

Fashion Merchandising provides an opportunity for the student interested in the field of fashion and merchandising. The student will investigate fashion careers, history of fashion, current trends and promotion. Individual student designs will be sketched. There will be no clothing construction in this course.

# FAMILY & CONSUMER SCIENCE

## PERSONAL & PROFESSIONAL DEVELOPMENT PATHWAY

**097400**

### **Human Relations**

Infinite Campus Name: **HUM RELTNS 1**

Grade(s): 09 - 12

Prerequisite: None

1/2 CTE credit each semester

Human Relations will equip students to be confident and self-directed by developing an understanding of the person they are and the person they may become. Throughout this course, students will work through the decision and problem solving process in a variety of topics that will affect them personally and professionally. Students will singularly and collaboratively investigate their personal, social and civic values in order to set measurable goals. While working and living in a diverse community, students will learn to communicate clearly, effectively and with reason to represent their thoughts, ideas and actions. Students will gain knowledge in making healthy sexual decisions that will affect them in all aspects of their lives. Delicate subjects such as love and dating, gender roles, abstinence, contraception, teen pregnancy/prevention; STDs, and sex in the media will be addressed. Students will gain the skills and knowledge to incorporate healthy coping mechanisms for stress/crisis situations that are inevitable in one's life.

**097460**

### **Personal and Career Development**

Infinite Campus Name: **PERSONAL AND CAREER DEVT**

Grade(s): 09 - 12

Prerequisite: None

1/2 CTE credit each semester

FOCUS ON YOUR FUTURE is the target of this course in career development. This course will give you opportunities to investigate careers and provide a knowledge base from which to make your important career and educational decisions. This class will include practical experiences such as self-discovery of interests, skills, and career pathways through aptitude tests, as well as how to professionally interview and communicate, create a resume and professional portfolio, complete job and college applications, and explore careers through job shadowing experiences.